SF AFF S SAT JULY 11, CORK **IRELAND'S MARITIME FESTIVAL**

SeaFest 2015

Join us for family fun and festivities at SeaFest, Ireland's national maritime festival! Taking place in Cork Harbour on Saturday 11th July 2015, this maritime festival is a celebration of Ireland's incredible ocean wealth showcasing our abundant maritime resources.

The SeaFest programme of events is extensive and all are welcome to enjoy a great day out at Ringaskiddy, Haulbowline and Port of Cork. This line-up includes a seafood fair and market, seafood cookery demonstrations with celebrity chefs and seafaring family fun, tours of Irish Navy ships, a Parade of Sail ending in Cork City, leisure craft and boats, the Vibes & Scribes Lee Swim, exhibits on marine life and all manner of festival entertainment for every age group. Come and experience all that the harbour has to offer! Further details of the festival programme are available on www.seafest.ie



In Cork City - Port of Cork

presented by Cork City Council • (4-8pm)

The Parade of Sail will make its way into the harbour. from Ringaskiddy, to the Port of Cork marina in the city centre marking the end of SeaFest 2015. The parade of sail will follow behind the last of the 500 swimmers of The Vibes & Scribes Lee Swim, a historic Cork city-centre open-water 2km swimming race dating back to 1914.

Cork City Council will provide a closing celebration between 4pm-8pm in the Port of Cork which will include:

- Artisan Food Market
- Free face painting and balloon modelling

Foras na Mara

nhairle Cathrach Chord

Marine Institute

- Street performers
- Live Music
- Tours of a Naval Ship
- The Vibes & Scribes Lee Swim

Ringaskiddy, Cork Harbour

from 10am-6pm

- Captain Your Own Ship In the Simulator Take a tour of the state-of-the-art Simulator and understand what it is like to be a captain on the high seas!
- SeaFest Science Talks A series of engaging, thought provoking and interactive 15 minutes science talks focusing on marine, coastal and maritime topics.
- **Seafood Cookery Demonstrations** Run by celebrity chefs Martin Shanahan and Rory O'Connell
- Fishmongery Demonstrations & **Fish Market**

A range of Irish companies will be exhibiting a variety of Irish seafood

- BIM Beaufort Scale Hurricane Experience Come and be blown away by hurricane force winds and experience what it feels like to be exposed to hurricane force winds.
- Tales from the deep Be engaged, charmed and informed by BIM's specially commissioned short movie. 'Tales from the Deep'

- Explorers Marine Life Education Exhibit A collaboration between the Lifetime Lab and the **Marine Institute**
- **Marine Recreation and Tourism Exhibition** Ever wanted to learn how to surf, sail or dive to the depths of the ocean?
- Tours of the Naval Base Visit the Naval Base at Haulbowline which is at the centre of Ireland's emerging maritime quarter.
- Take a tour of a modern Warship Meet the men and women of the Naval Service and
- discover what life is like on the high sea. Open 60 Yacht Racing A number of 60 feet tall Mega Yachts, will face off in Cork Harbour for what is guaranteed to be a

spectacular race. RNLI Duck Race

More than 2,000 ducks in lifeboats will race in Cork Harbour as part of the RNLI Duck Race.

The SeaFest 2015 Parade of Sail

A fleet of yachts will set sail from Ringaskiddy going to the Port of Cork marina in the city centre marking the end of SeaFest 2015 in Ringaskiddy. Festivities will then continue in Cork City

Bord Bia

Irish Food Board

Email info@seafest.ie 🛛 🚹 www.facebook.com/seafest 🈏 twitter.com/seafest SeaFest 2015 is an initiative of Harnessing Our Ocean Wealth - An Integrated Marine Plan for Ireland.

Cork

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